



## **CONSENT FOR GLP-1 (glucagon-like-peptide-1) INJECTIONS (SEMAGLUTIDE or Tirzepatide/B6)**

**Disclaimer:** At Inject, an aesthetics bar we are NOT prescribing the Brand name **Semaglutide** BUT we are prescribing the generic compounded (**Semaglutide**) injection or **Tirzepatide/Vitamin B6** for adults with obesity (BMI  $\geq 30$ ) or overweight (excess weight) (BMI  $\geq 27$ ) who also have weight-related medical problems to help them lose weight and keep the weight off.

- GLP-1 Injections should be used with a reduced calorie meal plan and increased physical activity.
- GLP-1 Injections contain semaglutide and should not be used with other semaglutide-containing products or other GLP-1 receptor agonist medicines.
- It is not known if GLP-1 Injections are safe and effective when taken with other prescription, over-the-counter, or herbal weight loss products.
- It is not known if GLP-1 Injections can be used safely in people with a history of pancreatitis.
- It is not known if GLP-1 Injections are safe and effective for use in children under 18 years of age.

### **GLP-1 Injections may cause serious side effects, including:**

- Possible thyroid tumors, including cancer. Tell your healthcare provider if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rodents, GLP-1 Injections and medicines that work like GLP-1 Injections caused thyroid tumors, including thyroid cancer. It is not known if GLP-1 Injections will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people.

### **Do not use GLP-1 Injections if:**

- you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC) or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).

- you have had a serious allergic reaction to Semaglutide or any of the ingredients in GLP-1 Injections.

**Before using GLP-1 Injections, tell your healthcare provider if you have any other medical conditions, including if you:**

- have or have had problems with your pancreas or kidneys.
- have history of diabetic retinopathy.
- have or have had depression, suicidal thoughts, or mental health issues.
- are pregnant or plan to become pregnant. GLP-1 Injections may harm your unborn baby. You should stop using GLP-1 Injections 2 months before you plan to become pregnant.
- are breastfeeding or plan to breastfeed. It is not known if GLP-1 Injections pass into your breast milk.

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. GLP-1 Injections may affect the way some medicines work and some medicines may affect the way GLP-1 Injections work. Tell your healthcare provider if you are taking other medicines to treat diabetes, including Sulfonylureas or insulin. GLP-1 Injections slow stomach emptying and can affect medicines that need to pass through the stomach quickly.

**What are the possible side effects of GLP-1 Injections?**

**GLP-1 Injections may cause serious side effects, including:**

- **inflammation of your pancreas (pancreatitis).** Stop using GLP-1 Injections and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back.
- **gallbladder problems.** GLP-1 Injections may cause gallbladder problems, including gallstones. Some gallstones may need surgery. Call your healthcare provider if you have symptoms, such as pain in your upper stomach (abdomen), fever, yellowing of the skin or eyes (jaundice), or clay-colored stools.
- **increased risk of low blood sugar (hypoglycemia) in patients with type 2 diabetes, especially those who also take medicines for type 2 diabetes such as sulfonylureas or insulin.** This can be both a serious and common side effect. Talk to your healthcare provider about how to recognize and treat low blood sugar and check your blood sugar before you start and while you take GLP-1 Injections. Signs and symptoms of low blood sugar may include dizziness or light-headedness, blurred vision, anxiety, irritability or mood changes, sweating, slurred speech, hunger, confusion or drowsiness, shakiness, weakness, headache, fast heartbeat, or feeling jittery.
- **kidney problems (kidney failure).** In people who have kidney problems, diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration) which may cause

kidney problems to get worse. It is important for you to drink fluids to help reduce your chance of dehydration.

- **serious allergic reactions.** Stop using GLP-1 Injections and get medical help right away, if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue, or throat; problems breathing or swallowing; severe rash or itching; fainting or feeling dizzy; or very rapid heartbeat.
- **change in vision in patients with type 2 diabetes.** Tell your healthcare provider if you have changes in vision during treatment with GLP-1 Injections.
  
- **increased heart rate.** GLP-1 Injections can increase your heart rate while you are at rest. Tell your healthcare provider if you feel your heart racing or pounding in your chest and it lasts for several minutes.
- **depression or thoughts of suicide.** You should pay attention to any mental changes, especially sudden changes in your mood, behaviors, thoughts, or feelings. Call your healthcare provider right away if you have any mental changes that are new, worse or worry you.

**The most common side effects of GLP-1 Injections may include:** nausea, diarrhea, vomiting, constipation, stomach (abdomen) pain, headache, tiredness (fatigue), upset stomach, dizziness, feeling bloated, belching, gas, stomach flu and heartburn.

**Consent to treatment by a physician extender:** You may be evaluated and treated by a physician assistant (P.A.) or a nurse practitioner (N.P.) whose recommended care and treatment is subject to supervision and review by a licensed physician.

I HAVE READ AND FULLY UNDERSTAND THIS CONSENT FORM AND I REALIZE I SHOULD NOT SIGN THIS FORM IF ALL ITEMS HAVE NOT BEEN SATISFACTORY EXPLAINED TO ME. WITH MY SIGNATURE, I ACKNOWLEDGE THAT MY QUESTIONS HAVE BEEN ANSWERED FULLY, AND THAT I UNDERSTAND ALL ITS CONTENTS.