



CONSENT FOR MICC/LIPO-MINO INJECTION

General Information: MICC injections once or twice weekly while dieting allows the patient to lose an additional 1-2 pounds per week. Advantages of MICC injections are outlined below but patients express higher energy levels while experiencing better cognitive function during their diet program.

MICC injections have been used successfully in combination with weight loss programs for over 30 years, the MICC formulation consists of a combination of “B” Essential vitamins (B-1,2,3,5,6 & B12) and other essential amino acids which are not readily available from the food we eat or is not being produced by our body. MICC injections are safe, give energy when reducing caloric intake, and are often used in diet plans that initiate’s additional weight loss and enhancing weight loss results.

The nutrients in MICC shots are a class of agents that play important roles in the body’s use of fat. These compounds enhance liver and gallbladder’s role by decreasing fat deposits and speeding up metabolism of fat and its removal.

The lipotropic agents included in this injection are:

Methionine: Helps break down sugars & carbohydrates and convert them to energy. Building block for protein synthesis.

Inositol: Converts food to energy. Also has a calming effect and has shown to reduce panic attacks.

Choline: Healthy nerve cells, cuts muscle recovery time, helps convert fat to energy

Cyanocobalamin (B12): Increases energy and metabolism. Plays a key role in the normal function of the brain and nervous system

Risks: I understand there is a risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling, or a sense, of being swollen over the entire body, headache, and joint pain. If any of these side effects become severe or troublesome, I will contact my physician immediately.

I understand that although rare, vitamin injections can result in serious side effects. Although this is a relatively rare occurrence, anyone taking vitamin injections should be aware of the possibility. Uncommon side effects include:

- rapid heartbeat
- chest pain
- flushed face
- muscle cramps and weakness
- difficulty breathing and swallowing
- dizziness
- confusion
- tight feelings in the chest
- hives, skin rashes
- shortness of breath when there is no physical exertion and unusual wheezing, and
- coughing.

Before starting Vitamin injections, I will make sure to tell my Physician if I am pregnant, lactating, or have any of the following conditions:

- Leber's disease
- Kidney disease
- Liver disease
- An infection
- Iron deficiency
- Folic acid deficiency
- Receiving any treatment that has an effect on bone marrow
- Taking any medication that has an effect on bone marrow
- An allergy to cobalt or any other medication, vitamin, dye, food, or preservative

I understand that certain herbal products, vitamins, minerals, nutritional supplements, prescription, and non-prescription medications may result in side effects when they interact with the vitamin injection.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the Vitamin treatment with its associated risks. I hereby give consent to perform this and all subsequent injections with the above understood. I hereby release the doctor, the person injecting the vitamins, and the facility from liability associated with this procedure.