



## **SKIN PEN MICRONEEDLING POST-TREATMENT INSTRUCTIONS**

1. Starting the morning after your treatment, cleanse the treated area with ZO Gentle Cleanser, morning and evening for 1 week.
2. Apply SkinFuse Rescue Calming Complex to treated area for the next 24 hours as needed. After 24 hours, apply SkinMedica TNS Ceramide Treatment Cream (morning and evening) and Essential Defense Mineral Shield Sunscreen (morning only) to the treated area for 1 week.
3. Tomorrow evening, apply SkinPen Premium Biocellulose Masque to treated area as recommended.
4. Wait 48 hours before applying make-up.
5. Stay hydrated for the next 48 hours.
6. Avoid Retinol and Vitamin C products for 7 days.
7. No exercise for 24 hours and avoid sun exposure/tanning for 1 week.
8. No hot tubs or baths for the next 48 hours

Call or text our office with any questions or concerns, 918.712.1767

